Managing Feelings

What? A state of mind

Can we talk about how we feel?

Key Words: Possible Experiences:

	Feelings and their names happy – sad - worried - angry		Circle time games
NEGATIVE	Behaviour		Team Work
THE WAY	Kindness		Thinking about feelings and how to manage them
Integrate Faultivity Escelleton Respect	Values	THE	Celebrating each other

Stories we will read:

Frog CO	Grumpy Frog	Tortoise	The Hare and the Tortoise
Kind	Kind	Jungle Run	The Jungle Run



ľm	the	Best