

Managing Feelings

What? A state of mind

Can we talk about how we feel?

Key Words: Possible Experiences:

	<p>Feelings and their names happy – sad - worried - angry</p>		<p>Circle time games</p>
	<p>Behaviour</p>		<p>Team Work</p>
	<p>Kindness</p>		<p>Thinking about feelings and how to manage them</p>
	<p>Values</p>		<p>Celebrating each other</p>

Stories we will read:

	<p><i>Grumpy Frog</i></p>		<p><i>The Hare and the Tortoise</i></p>
	<p><i>Kind</i></p>		<p><i>The Jungle Run</i></p>



I'm the Best

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